

## Principal's Message



Sr. Dr. Maggie Jose

**“ When you pass through the waters I will be with you; and through rivers they shall not overwhelm you ” (Isaiah 43:2a).**

The Year 2018-19 stands unique from the yester years in the history of Kerala for its celebration of unity in its fight against natural disaster, heavy rains and floods. People united in incredible manner to organize rescue and relief work, led by all kinds of people's organization. The collective effort to survive and rebuild strengthened the feeling of unity and brotherhood. We witnessed an overarching sense of collective solidarity and desire to support which was cutting across religious, political or class lines. Yes, it was truly humanity at its best.

Our College served as Collection Centre during these days to help distribution of necessities to the inhabitants of various relief camps and to the ones who lost their effort of life's labour because of flood. Let me congratulate the ones who had served as volunteers in this service. Let me appreciate teachers and students who had imbibed positive spirit and had internalized a great lesson from this disaster which motivated them to design various programmes which propagated the message of oneness. Several orientation programmes to enlighten people about calamities and strategies to overcome were conducted. Let me thank the faculty and students of this college for putting in effort to bring the best out of everyone and to empower ourselves to serve the society for a better tomorrow.

# MARIAN PULSE



VOL 6. No: 1  
MARCH 2019



## Bidding farewell to our English wizard- Dr. Josephine Joseph



**Dr. Josepheni Joseph**

1

**30 Years of Teaching Experience**

2

**Ph. D. from St. Thomas College, Thrissur (University of Calicut)**

3

### Major Positions Held

- HoD, Dept. of English
- IQAC Coordinator- 2009-15
- Staff Advisor
- Subject Expert for CAS Promotion

It is not easy to teach generation after generation and help them to be a better version of themselves. But dear Josephine Joseph Miss, you ace this tough job. Thank you for the

## UBA- The Abhimaan of St Marys College

Unnat Bharat Abhiyan, implemented by MHRD is inspired by the vision of transformational change in rural development processes. St. Mary's College was fortunate and competent enough to be one among the 143 colleges in India who was selected to work with the rural people in identifying development challenges and evolving appropriate solutions.



uncompromising service for the reaccreditation of the College with A grade twice by NAAC during your tenure as the IQAC Coordinator. We will miss you. Farewell and happy retirement.

## Connect to College

Towards the progressive way of digitalization, our Alma Mater renovated the St. Mary's Website and linked it with a Mobile App. We thankfully remember Dakota technologies for their technical calibre and assistance.

## Pass Percentage

The college stands high in academics with pass percentage of 80 for UG and 96 for PG programmes.

## MCAR

### Marian Centre for Advanced Research

In a globalised world, the role of research in an academic institution is significant for its sustainability and development. So we have come out with MCAR, but would like to define it as Marians Creativity and Research (MCAR) since this unit is consistently focusing on to conduct independent research and analysis to educate, inform and advise students. They have been keen on working on the social issues related to 'flood after impact' and have been successful in developing a biofertilizer consortium to help the farmers.



Dr. Sr. Meena K. Cheruvathur, Director



Dr. Kayeen Vadakkan, Asst. Director

## College Day Celebrations

The college day was celebrated on 21st Feb, 2019. Fr Tony Neelamkaavil (Auxiliary Bishop of Syro-Malabar Catholic Archdiocese of Thrissur) was the chief guest. The retired faculties were honoured on that day.



It is an initiative to identify and promote effective strategies that help adult women students succeed and our college is proud to provide two skill oriented courses (Certificate Course in Recording and Reporting Diploma Course in Content Writing) under Community College, which is a UGC scheme.

## Empowering Women of all Ages



### ELDER MARIAN ACTIVITIES

Sponsored interactive session on "Gender sensitization and women. Distribution of health cards and awareness class on "Women's Health – Nation's Wealth" by Dr. Roni Ignatius.

### GEM OF ST MARY'S

Gem of St.Mary's Competition was held on December 6th , 2018. Blessy Peter, Department of Biotechnology was declared as the GEM OF ST MARY'S 2018 and Anagha Agnes, Department of English was 1st Runner Up Gladvino Ousjes, Department of Chemistry was selected as 2nd Runner Up.

### MAHITHA AWARD

Organised Sr. Dr. Chrislin Mahitha Award Ceremony on 25 Mar 2019. Smt. Nalini Chandran Educationist, founder Hari Sri VidyaNidhi School was the recipient of Mahitha Award 2018.

### SR. DR. RANI GEORGE ENDOWMENT LECTURE

Vith Sr. Dr. Rani George Endowment Lecture and National Level Paper Presentation Competition was held on 4th & 5th February 2019.

### MARIAN MONSOON FEST

The Marian Monsoon Fest 2018 was inaugurated by Smt. Sangeetha Sreenivasan and successfully raised an adequate amount to help the most deserving St. Marians.

### TOPPERS DAY

Toppers Day was organized on 9 August 2018. Dr George Kutty V. V., Controller of examinations, University of Calicut was the Chief Guest.

### Awards - Well Done Teachers



Sr. Dr. Magie Jose was awarded a Life Time Achievement award, Dr. Binu P Best Social Scientist Award and Lt. Anu. D. Alappat secured Outstanding Service Award instituted by GRAB Charitable Trust. Dr. Kayeen Vadakkan has won the Research Ratna Awards 2019 for excellence in, "Biotechnology" awarded by "World Research Council" & "United Medical Council".

### Ph. D Awardees 2018-19



Dr. Dhanaya Shankar K.S



Dr. Kayeen Vadakkan



Dr. Sweety Thomas



Dr. Jimtha John



Dr. Sr. Smitha Rose G

### HELPING HANDS- FOR THE KERALA FLOOD VICTIMS

1. Campus premises and halls had been utilized as a supply collection and storage center
2. Geared up the disaster management activities.
3. We packed approximately 15,000 gallons (60,000 L) of drinking water and supplied to camps near Kuthiyathodu, Puvathussery, Poyya, Meloor, Kattoor etc.

## Department Activities

➤ **History**- As a part of Unnath Bharath Abayan students from second B. A History went to Madakkathara Panchyath on 27th June 2018. The Students conducted Survey in 12th ward and they organized an anti-drug campaign.

➤ **Botany**- An exhibition on the topic- 'Reuse of the plastic materials' was conducted on 5-6-2018. The exhibits were brought by Mrs Shanta Tony, a freelance worker on art and craft and a demo class on the making of crafts using waste plastics was conducted for the students on the same day .



➤ **Social work**- In collaboration with NABARD organized a 5 day camp "Koode St Mary's" as a part of rebuilding Kerala, at St.Mary's extension centre, Mission Quarters.

➤ **Physical Education**- Organized all Kerala Hockey tournament MARIAN CUP at Sports Land. Mr.Loneal Thomas inaugurated the valedictory function.

➤ **Biotechnology**- Signed MOUs with Yaazh Xenomics, Coimbatore, Tamil Nadu and Aeka Biochemical Pvt. Ltd, Thiruvananthapuram. A Campus Recruitment Drive was organized by career guidance and placement cell in association with the department of Biotechnology, St. Mary's College, Thrissur in collaboration with ZIFO RnD Solutions, Chennai, on 25th of October, 2018.

➤ **Zoology**- As a part of wetland day celebrations a visit was conducted to fish landing site at Chetuva. The food fish culture unit was inaugurated by our principal Dr. Sr. Magie Jose on 18th March 2019.

➤ **Biochemistry**- Organised Chekutty making workshop in connection with World Heritage Week-2018 and QuamiEkta Week-2018 organized by Archeological Survey of India, Thrissur Circle .



## Club Activities

➤ **Entrepreneurial Development Club**- As part of Earn While You Learn programme a demonstration and practical session was arranged for flower-making by Ms. Ceena Nixon.

➤ **Bhoomithrasena club**- Conducted a Workshop on Making Paper bags and Paper files, the training was given by IMMOWSE Training centre. Prepared about 500 clay balls containing seeds of various trees and dispersed them in to the forest tracks along the Wayanad – Muthanga Wild Life Sanctuary as part of "Plant Trees, Save Nature" drive.



➤ **Road safety club**- Road Safety Seminar was inaugurated by Mr. M AjithKumar, Inspector General of Police

➤ **Quiz club**- Vismitha K S of II P G History & Sreelakshmi S of I P G History secured first prize in District Level Gandhi Quiz organized by District Khadi and Village Industries Office and participated in the state level Gandhi Quiz

➤ **Music club**- Club members performed in "VAIGA 2018" an International Agroprocessing Exhibition

➤ **Women Cell**- Inauguration of Women Cell activities (2018-19) was by Sri. Yathish Chandra IPS Thrissur City Police Commissioner. He spoke about "The importance of Self defence and women safety".



➤ **Health club**- Organized Zumba Fitness programme for members of Health Club

➤ **Library**- Launched library website developed by our B.Voc students.

➤ **Performance Arts Club**- A Workshop was conducted on Performance Skills by Ms. Sandra S. Nair and Ms. RaghiSatheesh, both Kalamandalam artists on 30th November, 2018

➤ **Career guidance and placement cell** - a speech competition in collaboration with Mathrubhumi, was held in the college, in Association with College Career Guidance and Placement Cell

## COLLEGE UNION 2018 - 2019

College Union Election was conducted in the Parliamentary form on 8 October 2018 and was inaugurated by Mr. P.A Kuriakose, Senior Editor, Malayala Manorama.

POST	NAME
CHAIR PERSON	LINY REJI
VICE CHAIR PERSON	ARSHA SHAJI
GENERAL SECRETARY	ANJANA P
JOINT SECRETARY	ROSE MARIYA JOSHY
STUDENT EDITOR	A S SHEHAREEN
FINE ARTS SECRETARY	ANUGRAHA DEEPAK
UUC-1	VISHNUPRIYA P V
UUC-2	SNEHA A P K
GENERAL CAPTAIN	SHAHINA K K

## Congratulation on Graduation!

Graduation day- the time to harvest your fruits after several years of intense studying. College organized Graduation Ceremony of 2018Batch UG and PG. The programme was blessed by the presence of Prof. Dr.RajanGurukkal P.M, Vice Chairman, Kerala State Higher Education Council (KSHEC),Thiruvananthapuram.

## NCC

- Celebrated International Yoga DAY on 21 st June 2018
- Conducted awareness on International Drug Abuse Day by Oath taking and conducted pencil drawing competition for students
- Participated in Blood Donation camp with city police on 20th October, 2018
- Celebrated surgical strike day in college. Cadets remembered the great works and sacrifice of soldiers during UriAttack under the initiative of Sub.Babu
- Col. H Padmanabhan inaugurated RashtriyaEktaDiwas on 30th October 2018
- Celebrated 70th anniversary of NCC organization establishment on 1st December
- Completed 100 hrs for Swatchh Bharath Activities by conducting various programs
- We successfully completed 35 regular parade sessions.
- We got 100% pass in C Certificate exam and in B Certificate Exam.
- Cadet.Maneesha P.V. attended All India Tal Sainik Camp at New Delhi.
- 7 Kerala Girls Battalion won the Best Battalion Award 2018-19 among 45 NCC units of Kerala and Lakshadweep directorate. St. Mary's College NCC unit is proud to be one among the 17 units of the battalion.

## Recruitment Drive

Around 800 students from all over Kerala participated in the Global Education Fair 2018, 12 international universities were represented in the fair. Around 5000 candidates participated in PRATHEEKSHA 2018, the Mega job fair organised in collaboration with Thrissur District Employability Center.

### PRATHEEKSHA - MEGA JOB FAIR (24-11-2018) @ ST.MARY'S COLLEGE, THRISSUR



## NATIONAL SERVICE SCHEME

- Attended a talk by DrSubhaRao on 'Mahatma Gandhi 50 years of India' at SahithyaAcademy Hall, Thrissur
- NSS volunteers visited and spent half day at AMHA in connection with World Disabled Day
- NSS volunteers attended special camp (Pratheeksha) at St. Francis L. P school, Manalarkavu
- Volunteers actively took part in the flood relief activities in their respective areas. They helped in the cleaning, chlorinating and provided disinfectants. volunteers cleaned the public places like Anganwadi, primary health centre

## SPORTS ACHIEVEMENTS

Sports are about those incredible moments where sheer human will and desire overcomes the odds. These are the moments we remember.

Ds Bineesha N.B. represented India In "Qurash" in the 18th Asian Games at Jakarta.

Muneera M.S., Riya T.C. and LafeenaDsouza won gold medals in all India InterUniversity Weight Lifting and Power Lifting Championships.



LafeenaDsouza



Riya T.C



Bineesha N B